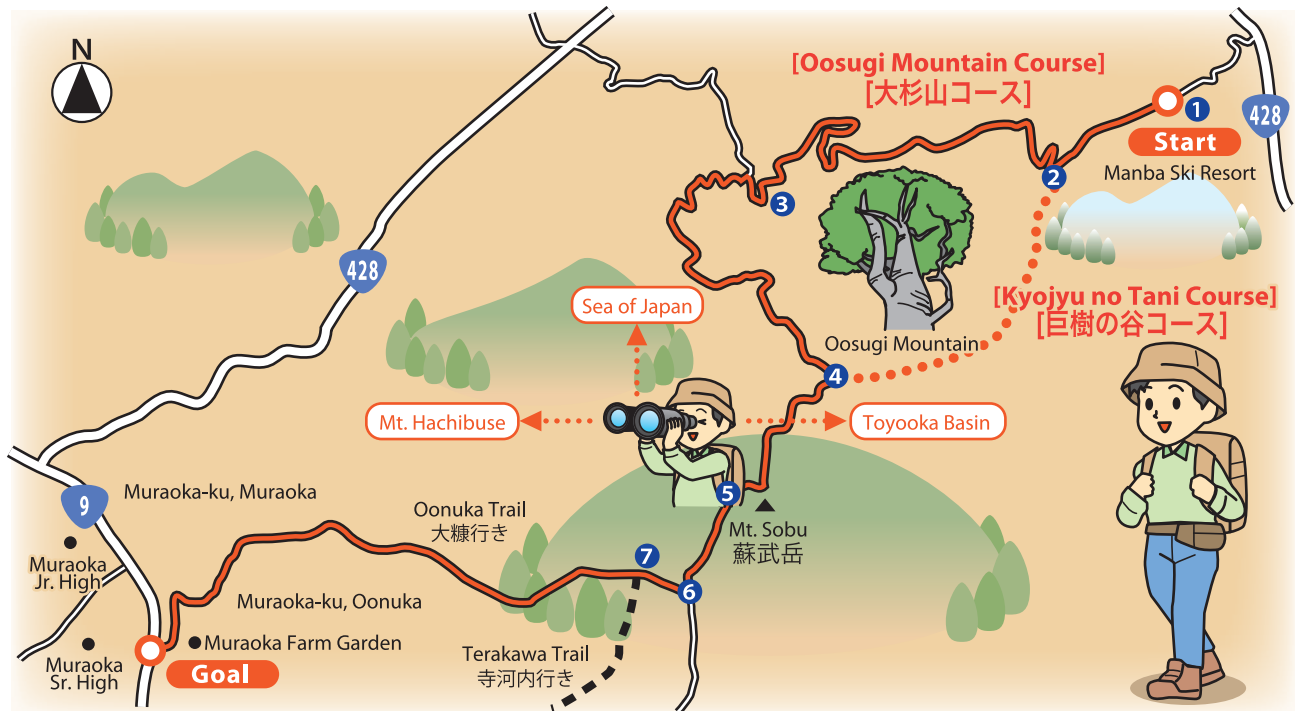


Mt. Sobu & Oosugii Mountain to Oonuka Mountain Trail

It was common practice during the early Showa era (mid 1900's) to form a party of two or more when mountain climbing. However, the climber Buntaro Kato successively climbed and conquered the Japanese Alps solo as well as Naomi Uemura who became internationally famous for traveling the 7 continents to climb the world's highest peaks solo. They were both in love with Mt. Sobu. Enjoy Tajima's great outdoors by taking the same trail as them through beech forests up to the top of Mt. Sobu for a 360 degree panoramic view of the Sea of Japan and Mt. Hyonosen. For this course we recommend using a guide because of the long distance over varying elevations and the time that it will take to complete the course.



- 1 From the Manba Ski Resort parking lot walk for about 20 minutes up the work roads of the ski slopes, you will see a signboard for the starting point of Manba Trail.
- 2 From there, continue for another 20 minutes, you will come to a fork in the road for "Kyojyu no Tani Course(巨樹の谷コース)" and "Oosugi Mountain Course (大杉山コース)". Proceed to the right. Most of the course is through virgin forest and beautiful beech forest until you reach the summit.
- 3 After about 2 hours of walking, you will see large cedar trees that gave the mountain its name Mt. Oosugi (Japanese for large cedar) and will soon arrive at Mt. Oosugi (elev. 1,007m).
- 4 Continuing forward you'll cross over a mountain ridge called Four Mountain Crossings. Walk for about another 50 minutes and you'll merge with the mountain trail "Kyojyu no Tani Course" that you passed at the fork earlier.
- 5 Walk for about 40 minutes before reaching Mt. Sobu (elev. 1,074m). When you arrive at Mt. Sobu you can see over the many mountains of the Chugoku region including: Hyogo Prefecture's highest peak Mt. Hyonosen to the west, Mt. Hachibuse famous for Hachikita Ski Area (elev. 1,221m), and Mt. Ouginosen (elev. 1,310m) among others. A beautiful and sweeping 360 panoramic view of the Sea of Japan to the north and Toyooka Basin to the east can be seen.
- 6 When you go about 30 minutes down Mt. Sobu, you will arrive at the Sobu observation deck. This is also connected to the wide-area forest road and is used by many people to come up by car.
- 7 There is a lower mountain road beside the observation deck. When you walk back down the mountain for about 10 minutes will see a fork in the road branching off for a trail to Teragauchi and one from Oonuka Trail, go to the right(Oonuka trail 大糠) and continue your climb down. After about 2 hours you will pass through Oonuka Uma no Se and arrive at Oonuka trail's starting point on the Muraoka side.

Since this is a demanding hiking course, shoes suitable for mountain trekking just as durable trekking shoes are highly advisable. However, the road is fairly easy to walk on. You might want to consider going with an experienced mountaineer from Tajima.



● **Difficulty** : ★★ ★

● **Restroom** : Kannabe Highlands Rest Area, Manba Ski Resort Manba Tenjinja Shrine, Muraoka Farm Garden

● **Access** : By Train / Bus: Take the Zentan Bus bound for Kannabe Highlands from JR Ebara Station, get off at Kannabe Yutorogi Onsen bus stop.
By Car: Kannabe Highlands Rest Area, Manba Ski Resort

● **Contact** : Uduka no Mori TEL: 0796-96-0024

Approx. Distance

12 km