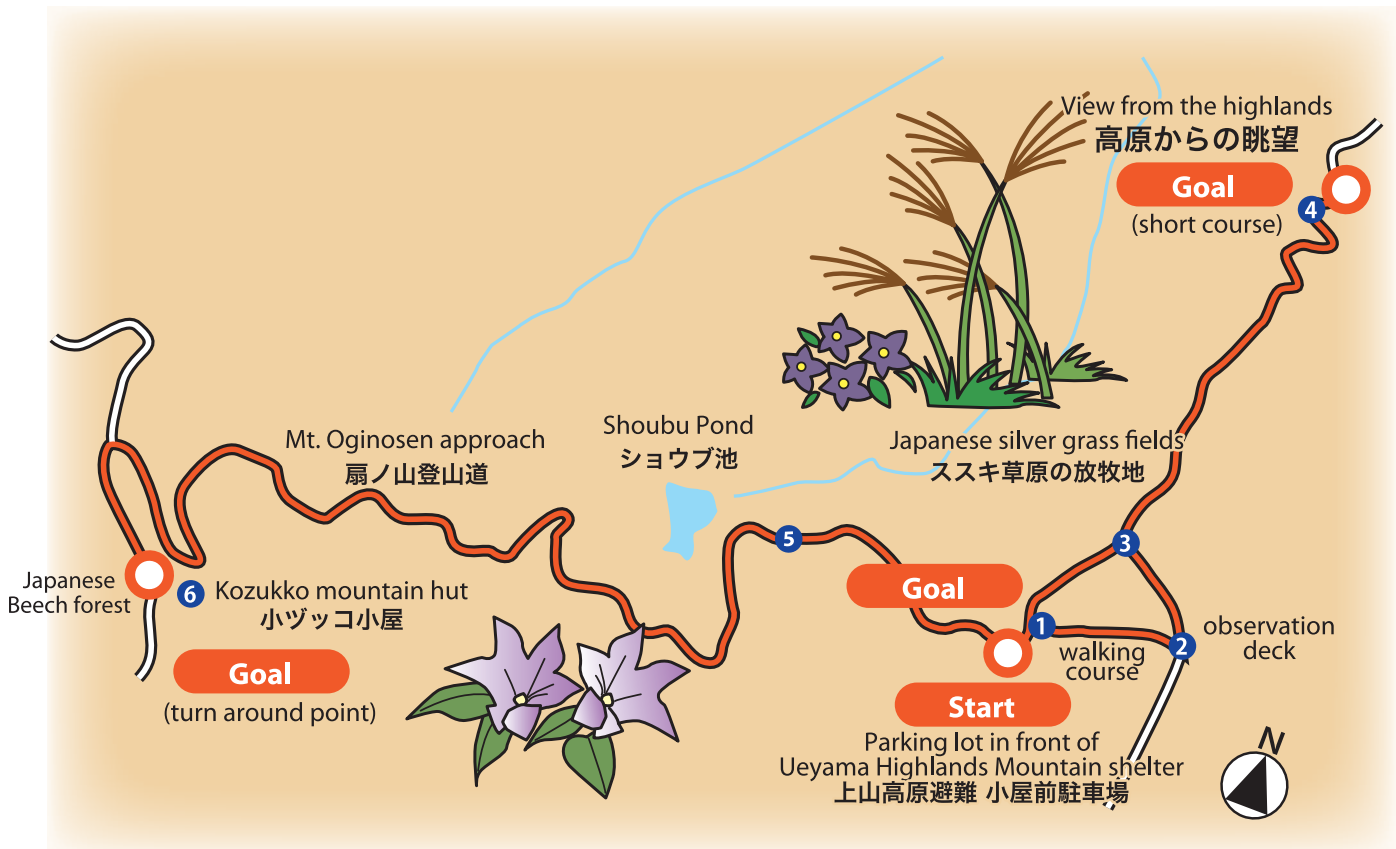


Ueyama Highlands Course

It is possible to see a wide variety of scenery in the beautiful Ueyama highlands throughout the four seasons because of lava flow throughout the mountainous area. From the residual snow and fresh green of spring to early summer, the spreading of autumn over the Susuki grassland, and late autumn when the beech forest is colored in fall colors are all recommended times to go. There are numerous plants in the highlands and you can experience the richness of nature up close.



- 1 Park your car at the parking lot in front of Ueyama Highlands Mountain shelter, check the walking course on the signboard in front of the shelter entrance. The walking course begins to the left of the signboard and continues to the summit of Ueyama.
 - 2 As you walk along the paved walking path you will gradually gain altitude and arrive at the summit of Ueyama shortly. At the top you will find a handmade observation deck, please watch your footing as you step up. From here you will have a 360 degree view of the Japan Sea, Mt. Hyonosen, and the Tajima region and mountain range.
 - 3 There are several routes down from the mountain, but if you take the route that branches to the right of the summit marking post there will be a paved path with a small restroom.
 - 4 Take the route to the right and after traveling through the pasture in Japanese silver grass fields for about 700 meters on the paved road you will reach a view point where you can see the Sea of Japan below. In the evening the setting sun in the west and the glimmer of the sea is an inspirational sight. If you stayed for the view take the path back and return to the parking lot on the paved road. Take a restroom break and rest on the bench at the rest area. (Short course ends here.)
 - 5 If you continue on the paved road you will see "Shoubu Pond" on your right. Lush trees surround the quiet body of water; here you can see dramatic scenes of all four seasons.
 - 6 As you continue on, you will see a display for the entrance to Kozukko (小ヅッコ登山口) on the left side. The approach for Mt. Oginosen begins from here. Walk a little up the path and you will come to "Kozukko mountain hut", the Japanese beech forest starts from around here. Climbing equipment is necessary to climb the upper part past here, so we will turn back at this point. Take the same road back and you will arrive back at the parking lot.
- In early summer it is possible to enjoy hikes through residual snow, autumn views of the pasture in Japanese silver grass fields, and take in wonderful views of the Japanese beech trees autumn colors in late autumn.
If you are a vigorous climber it is possible to climb Mt. Ougino in a day. For now, lets head back and treat ourselves to udon and zenzai at "Umigami Genki Village" near the sea in Umigami.



- **Difficulty** : ★★★ (short course★★☆)
- **Restroom** : Ueyama Highlands mountain shelter
- **Access** : Go to the parking lot in front of Ueyama Highlands Mountain shelter by car
- **Contact** : Ueyama Highlands Eco Museum
TEL: 0796-99-4600

Approx. Distance

6 km